

Northwest Regional Human Services Conference



COLLEGE OF SOUTHERN IDAHO

April 15-17, 2010

CONFERENCE SCHEDULE

Thursday, April 15

THE HERRETT CENTER

4:00-7:00pm *Registration*

6:00-7:00pm *Reception*

7:00-8:30pm KEYNOTE

Kenneth Minkoff, M.D.

Changing the World: Developing Welcoming Integrated Systems of Care

Dr. Minkoff is a board-certified psychiatrist with a certificate in addiction psychiatry. He is recognized as one of the nation's leading experts on integrated treatment for co-occurring psychiatric and substance abuse disorders (ICOPSD) or "dual diagnosis". He developed the integrated systems of care and implemented a national consensus best practice model for systems design: the Comprehensive Continuous Integrated System of Care (CCISC). Dr. Minkoff has developed considerable expertise in public and private managed care. He is currently a clinical assistant professor of psychiatry at Harvard Medical School.

Friday, April 16

THE HERRETT CENTER

8:00-10:00am *Registration*

8:30-10:00am KEYNOTE

Robert Meyers, Ph.D.

Community Reinforcement & Family Training (CRAFT) overview of a highly-effective, evidence-based, motivational program for family members/loved ones of substance abusers

Dr. Meyers is an internationally known speaker and trainer. Dr. Meyers developed the innovative "intervention" program used to engage resistant substance abusers to enter treatment called Community Reinforcement and Family Training (CRAFT). He is currently the Director of Robert J. Meyers, Ph.D. & Associates and a Research Associate Professor Emeritus in Psychology at the University of New Mexico. Dr. Meyers has co-authored 5 books including "Get Your Loved One Sober: Alternatives to Nagging, Pleading, and Threatening".

10:00am-10:15am Break

HEALTH & HUMAN SERVICES BUILDING

10:15-11:45am WORKSHOPS

Kenneth Minkoff, M.D.

Integrated, Recovery Oriented Assessment & Intervention for Individuals & Families

Dr. Minkoff's major professional activity is the provision of training and consultation on clinical services and systems design for individuals with co-occurring disorders.

Robert Meyers, Ph. D.

Specific CRAFT procedures (e.g., reinforcement strategies, happiness scale, personal goals)

This workshop will describe procedures to increase the chance that a loved one will enter treatment and help family members make their own personal goals a priority as well.

11:45am-12:00pm Break

Northwest Regional Human Services Conference

Friday, April 16
THE HERRETT CENTER

12:00-1:15pm
LUNCHEON SPEAKER

Doug Lehrman, MSW

“And How Are the Children?... A Look at Northwest Children/Families: Issues, Challenges, Opportunities”

Doug Lehrman is the Executive Director of a large nonprofit child and family oriented social service agency in Vancouver, WA. Doug’s 35 year career in social services delivery and administration has included 25 years with the Washington State Children’s Administration, where he served as a social worker, supervisor, program manager, and area administrator responsible for child welfare and child protection in southwest Washington State. Doug has a broad perspective on the needs of children and families, as well as on the challenges and opportunities facing the human services workforce as we move into the 2nd decade of the new millennium. Doug holds an MSW from Portland State University and a BA in Sociology from Whitman College in Walla Walla, WA. Doug grew up in Southern Idaho.

“YOU ADD
VALUE TO
PEOPLE WHEN
YOU VALUE
THEM”
JOHN C.
MAXWELL



HSHS BUILDING

1:30-2:30pm
WORKSHOPS

**Debbie Thomas, M.Ed.,
LPC, ICADC; Outpatient
Program Director/
Clinical Supervisor, The
Walker Center**

***Professional Self Care—
Why It Is Important***

This presentation will focus on the importance of professional self care & the impact of burnout, compassion fatigue, & vicarious trauma on the helping professional including physical & emotional consequences. The presenter will discuss what to do to avoid burnout & why it is important to develop a personal self care plan.

**Anne Hatcher, Ed.D, RD,
CACIII, NCACII; Co-
Director of the Center for
Addiction Studies at
Metropolitan State Col-
lege of Denver**

***The Changing Face of Pro-
fessional Standards***

This presentation will describe the work of the NASSCC (National Addiction Studies & Standards Collaborative Committee) & competencies for addiction professionals from entry level to advanced proficiency. Competencies for

the new master’s program will be shared with participants along with a proposed list of courses, resources, & plans for implementation.

**Michelle Pospichal,
LMSW and Refugees
from various cultures,
CSI Refugee Programs**

***Refugee Panel—
“Exploring the Refugee
Experience, Cultural
Awareness, & Competent
Services***

Our communities are quickly becoming diverse cities, various languages are spoken in our public schools, and cultural competency is a must for providing core services to our clients. Some are not clear on who refugees are and what we as service providers can do to empower them & enrich our communities with their wonderful diversity & valuable contributions. The Refugee Panel will share their experiences/journey to their new life in America.

**Scott Rasmussen, LCSW
and Barbara Crumrine,
LCPC**

***Ethics Training: Contem-
porary Ethics in Commu-
nity Mental Health PART 1***

This training is comprised of three sections, 1) A brief history of Counseling & Social Work Ethics with a

discussion on the limitations and benefits of Professional Codes of Ethics, 2) Differing Ethical Viewpoints, and 3) Training on researched and accepted Ethical Decision Making Tools with time for practice using vignettes.

2:30-2:45pm Break

2:45-3:45pm WORKSHOPS

HSHS BUILDING

**Frances Wright, E.Ed., LCPC
Richard Neu, BS; Eric Call,
LCSW; Jay Dexter, LCSW**

**Region 5 Department of
Health & Welfare, Behavioral
Health**

***Behavioral Health Panel—“What
Really Works”***

The Panel will provide an overview of evidence-based programs and treatment interventions that the Department of Health & Welfare, Behavioral Health employs across the state of Idaho. The programs include: Assertive Community Treatment, Adult Mental Health Court, Cognitive Behavioral Therapy, Seeking Safety for Women with PTSD, Wrap Around Services & Parents with Loving Limits for Children’s Mental Health families.

**Leanne Trappen, Community
Services Director, South Central
Community Action Partnership**

Homelessness: Demographics of homelessness & occurrences that may result in homelessness. Homelessness Prevention Programs, activities & outcomes and the impact on families & communities.

**Mary Christy, MS, ACADC;
Assistant Professor & Program
Manager of the CSI Human
Services/Addiction Studies
Program**

***PAMI—Promoting Awareness of
Motivational Incentives***

An introduction to the use of motivational incentives in substance abuse treatment programs. Research has shown that motivational incentive programs using low-cost reinforcement delivered in conjunction with onsite urine screening, promotes higher rates of treatment retention and abstinence from drug use. The Blending Team focused their efforts on informing the field about successful approaches in the use of motivational incentives.

**Scott Rasmussen, LCSW and
Barbara Crumrine, LCPC**

Ethics Training: Part 2

3:45-4:00pm Break

4:00pm Raffle

4:10-5:00pm Regional MTG

**After 5 - Dinner on Your
Own**

**5:00-7:00pm
STUDENT SOCIAL**

CSI Challenge Course

The CSI Challenge Course is an exciting experiential program. The course is nestled in a park-like setting adjacent to the main campus & is the largest pole ropes course west of the Mississippi. The CSI Challenge Course Program is accredited by Project Adventure Inc.

There is no charge for students to participate. Don’t forget to bring your Waiver Form. Pizza & pop will be served.

“CHALLENGE BY CHOICE”
EMPOWERING PARTICIPANTS TO TAKE HEALTHY RISKS



Saturday, April 17
THE HSHS BUILDING

9:00-10:00am WORKSHOP

Kelly Felice, MSM, Assistant Professor of Human Services at Metropolitan State College of Denver & Founder of I Have A Dream Foundation in Colorado

From Student to Professional: Creating Community Connections

Creating appropriate and important connections in your community can lead to success in the job search. This workshop will look at the critical features of the resume and discuss recommendations for personal presentation. The focus will be on building a professional network and utilizing mentors to develop a strong professional life.

10:00-10:15am Break

10:15am Raffle

10:20-11:45am SPECIAL PRESENTATION

Jim Palmer, CM

Happiness Skills: The Key to Embracing Your Assets



Jim Palmer has been a Counselor, Consultant and an Instructor for over 35 years. He has a Master's degree in Education and Counseling and is a bilingual (English/ASL) Certified Interpreter for the Deaf (retired). Retiring in 2007, Jim developed and taught the Human Services Program at the College of Southern Idaho from 1999-2005. He maintains a private counseling practice specializing in relationship issues, disability-related issues. He developed a model of helping relationship concepts and uses a strengths-focus in his work. During his teaching experience, Jim served on the National Council of Standards of Human Service Education (CSHSE) which accredits Human Service Programs nation-wide.