



**Biennial Review and Report**  
**Drug Free Schools and Communities Act (DFSCA)**

December 2016 (FY 2015 – FY 2016)

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## Section I – Summary

The College of Southern Idaho (CSI) continues to take active steps to ensure a safe and drug-free campus.

The 2012-2017 Strategic Plan <http://planning.csi.edu/planning/strategicPlan/index.asp> emphasizes core values and strategic goals and objectives for engaging students, removing barriers to success, and meeting the diverse and changing needs and expectations of our students and the communities we serve.

## Section II – Meeting Minimum Requirements

The Drug-Free Schools and Campuses Regulations require at a minimum that each institution distribute the following in writing to all students and employees annually:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol on school property or as part of any school activities
- A description of the applicable legal sanctions under federal, state, or local law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of any drug or alcohol counseling, treatment, rehabilitation, and re-entry programs that are available to employees or students
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with federal, state, or local law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct (5)

Each semester, CSI emails to all students and employees a document which covers all five of the above topics in detail. (See Appendix A).

In addition to the annual notification to all students and employees, the College of Southern Idaho engages in ongoing activities to promote a safe and drug/alcohol-free campus and student lifestyle. Details relevant to each of the five mandates are provided below.

### **1: Standards of conduct prohibiting unlawful possession, use or distribution of illicit drugs and alcohol on property or as part of activities**

- a. Student Code of Conduct, on the CSI website at <http://www.csi.edu/studentHandbook/>
- b. Student Code of Conduct and other policies are referenced in the CSI catalog <https://www.csi.edu/catalog/catalog1617.pdf> (see page 24 in pdf)

- c. CSI Employee Policies and Procedures Manual, section 6.04  
<http://hr.csi.edu/handbook/tofcmanual.htm>
- d. Student athletes are required to submit to random drug testing. Process and disciplinary sanctions are outlined in the Athlete Drug and Alcohol Policy and Athlete Code of Conduct.  
<http://athletics.csi.edu/custompages/Athletics/athletictraining/forms/Insurance%20Packet%20Forms%202011%20with%20cover%20letter.pdf>
- e. Residence Hall Rules & Regulations (Appendix B) include specific prohibitions against the use of alcohol, drugs or tobacco on campus

## **2: Health risks associated with the use of illicit drugs and abuse of alcohol**

- a. CSI subscribes to an online health magazine as a campus communication tool. Student Health 101's current edition for CSI students can be viewed at  
<http://readsh101.com/csi.html> Content of the magazine includes evidence-based information on substance use and lifestyle choices.
- b. Health risks are discussed in the Annual Notification document (Appendix A) on pages 2-4 of the document

## **3: Applicable legal sanctions under local, state, or federal law**

- a. Legal sanctions are described in the Annual Notification document (See Appendix A).

## **4: Applicable counseling, treatment, or rehabilitation or re-entry programs**

- a. The Annual Notification document (Appendix A) discusses treatment resources including counseling and health resources for students and employees.
- b. The CSI Career and Counseling Services web pages <http://careers.csi.edu/> offer an "in Crisis" link <http://careers.csi.edu/counselingServices/emergency.asp> with contact information for emergency situations.
- c. Student Health medical services are described at <http://www.csi.edu/studenthealth/>.
- d. The CSI Employee Assistance Program is described in the Employee Policies and Procedures Manual #4.10  
[http://hr.csi.edu/handbook/benefits4.htm#BM3\\_15\\_10\\_EMPLOYEE\\_ASSISTANCE\\_PROGRAM](http://hr.csi.edu/handbook/benefits4.htm#BM3_15_10_EMPLOYEE_ASSISTANCE_PROGRAM)
- e. The Drug- and Alcohol-Free Campus Policy #6.04 describes the testing, return to duty and appeals processes. <http://hr.csi.edu/handbook/procedures6.htm#6>

## **5: Disciplinary sanctions the institution will impose on students and employees who violate standards**

- a. The "Disciplinary Sanctions" section of the Notification document (Appendix A) describes disciplinary sanctions that may be imposed on students and employees found to be in violation of the CSI Drug and Alcohol Free Campus policy. Sanctions range from oral admonition to filing of criminal charges.

- b. The CSI Drug & Alcohol-Free Campus Policy covers disciplinary sanctions in detail in the section entitled “Drug and Alcohol Policy Violation Procedures.”  
<http://www.csi.edu/studentHandbook/substanceAbusePolicy.asp>
- c. Student athletes are required to submit to random drug testing. Disciplinary sanctions are outlined in the Athlete Drug and Alcohol Policy and Athlete Code of Conduct.  
<http://athletics.csi.edu/custompages/Athletics/athletictraining/forms/Insurance%20Packet%20Forms%202011%20with%20cover%20letter.pdf>
- d. Residence Hall Rules & Regulations (Appendix B) provide disciplinary processes for infractions.

## **6: Beyond Minimum Requirements: Additional Activities at the College of Southern Idaho**

In compliance with the Drug-Free Schools and Communities Act, the College of Southern Idaho fosters ongoing events and communication for students and employees. These elements have been categorized according to the ten components cited in Sourcebook 2001 Promising Practices: Campus Alcohol Strategies

<https://www.ncjrs.gov/App/Publications/abstract.aspx?ID=194663>. These ten components are:

- Awareness and information programs
- Environmental/targeted population approach
- Curriculum
- Peer-based programs
- Training
- Support and intervention services
- Staffing and resources
- Policies and implementation
- Enforcement
- Assessment and evaluation

### **6.1 Awareness and Information Programs**

- a. b. Students residing in the residence Hall attend a mandatory meeting at the beginning of each semester, wherein the Residence Hall Rules and Regulations are presented and students are required to sign for receipt and understanding.
- c. Students are made aware of the risks of alcohol poisoning and the effects of street drugs, including strength and types of alcoholic drinks and the dangers of leaving drinks unattended, through posters, brochures, and articles in the online publication Student Health 101.
- d. As cited in Section II, Item 2a, health risks of substance use are discussed in the Annual Notification document (Appendix A).
- e. Pamphlets, brochures and posters on the risks associated with drugs, alcohol and tobacco are displayed throughout campus in literature racks and on bulletin boards maintained by CSI Career and Counseling Services
- f. As cited in Section II, Item 4a, the Annual Notification document (Appendix A) discusses treatment resources.
- g. The CSI Career and Counseling Services web pages <http://careers.csi.edu/> offer an “in Crisis” link <http://careers.csi.edu/counselingServices/emergency.asp> with contact information for emergency situations.

- h. As cited in Section II, Item 4e, the CSI Employee Assistance Program is described in the Employee Handbook <http://hr.csi.edu/handbook/benefits4.htm> Section 4/10.
- i. As students register for courses through MyCSI, they are required each semester to certify that they have read and will comply with the College's alcohol-free, drug-free, and smoke-free policies.
- j. Healthy lifestyle messaging is displayed in monthly publications of "The Stall Street Journal," a bulletin posted in bathroom stalls throughout campus.

## **6.2. Environmental/Targeted Population Approach**

- a. As alcohol and smoking are prohibited on the CSI campus, all campus events can be considered alcohol- and tobacco-free. Further, as outlined in the Notification document (Attachment A), "It is the policy of the College of Southern Idaho that the unlawful manufacture, distribution, dispensation, possession, use of a controlled substance, or the use of alcohol by students and employees is prohibited in the workplace, on College time, or on College property."
- b. The CSI Student Program Board hosts weekly alcohol-free activities as follows:
  - i. Bowling at Bowladrome on the first and third Tuesday of each month
  - ii. Movies on campus on the second and fourth Thursday of each month
  - ii. Current activities and events are posted on a bulletin board "calendar of events" (updated monthly) in all major campus buildings and are listed on the CSI home page under "Events and Activities."
- c. CSI students receive free admission to CSI sporting events (basketball, baseball, softball, volleyball and rodeo)
- d. During March each year, in anticipation of spring break, bulletin boards in 15 areas of the Residence Halls display "spring break facts" pertaining to abuse of alcohol.
- e. April is designated Alcohol Awareness Month at the residence halls, with alcohol facts presented on bulletin boards and at least one educational program aimed at alcohol awareness
- f. The CSI campus is made accessible to students in order to provide safe locations for substance-free activities. The Student Union Building and Student Recreation Center are open 7 days per week from early morning until late evening.
- g. Fall of 2014 CSI Career & Counseling Services launched an Anti-Sexual Assault campaign using social norms from CSI's latest NCHA results. These were printed on gold & black (CSI school colors) Frisbees and placed across the lawn in a high-traffic volume area in the center of campus.
- h. CSI Career & Counseling Services partnered with Human Resources and our Health & Wellness instructors to create a "Stress-Less" course, free to all employees, emphasizing healthy alternatives for better managing stress.
- i. Over the course of Spring 2014, Fall 2015, and Spring 2016 semesters Career & Counseling Services interns presented trainings to dormitory residences on the following topics: Stress Management, Test Anxiety, Communication, Multimedia Use, Drug Use, Alcohol Use, Relationships, Mindfulness, and two Stress Activity Group sessions.
- j. CSI Career & Counseling interns presented to Dorm RA's on these topics: Title IX, Drug Use, Peer Counseling, Alcohol Use, Bystander Training, Relationships, Communication, Stress Management and Multimedia use.
- k. CSI Career & Counseling interns provided Bystander Training at a CSI New Employees Orientation.

- l. CSI Career & Counseling interns gave a Stress Management training to participants in the Center for New Directions programs.
- k. CSI Career & Counseling interns held a Depression Screening in the Student Union Building, providing materials that market Career & Counseling Services as well as websites designed to provide relief for those suffering from depression.
- l. CSI Career & Counseling Services trained members of the Secular Student Alliance Club in recognizing the signs of Suicide and how to proceed if they suspect a friend may have suicidal intentions.
- m. During Summer 2016 CSI Counseling Services trained CSI Summer Bridge students in the following areas: Multimedia use, Stress Management, Relationships, Communication, Test Anxiety & Bystander training.
- n. Also throughout the Summer 2016 semester, CSI Counseling Services participated in Student Orientation and Registration sessions to make students and parents aware of counseling options for students.
- o. From Fall 2014 to Spring 2016 CSI Counseling Services visited scores of CSI classes and programs to market services available to students.
- p. CSI Counseling Services provided Bystander Training, Test Anxiety and Suicide Prevention trainings during CSI first Integrity Week in the Fall of 2016.

### **6.3 Curriculum**

- a. CSI offers Associate of Applied Science and Technical Certificate programs in Addiction Studies.
- b. Orientation for new students and employees includes campus policies prohibiting alcohol, drugs and tobacco.
- c. During the Spring 2016 semester, two CSI interns led a group of students majoring in Addictions Studies aimed at training students in identifying and working with populations with Substance Use Disorders.
- d. During the Fall 2015 semester, two interns taught interpersonal counseling skills to students in the Addictions Studies program

### **6.4 Peer-Based Programs**

CSI promotes positive, healthy norms and student leadership and mentorship of peers as follows:

- a. Student Senate is the governing body of the Associated Students of CSI and provides a means of communication between the college's students and its administration regarding educational improvements, student-faculty relations and student life.
- b. Students are encouraged to participate and take leadership roles in student clubs.  
<http://www.csi.edu/studentActivities/clubs/index.asp>
- c. CSI Counseling Services continues to present bystander intervention training to classes and other student groups upon request.



## **6.5 Training**

1. Residence hall staff receive training each semester in effective listening and intervention for student crisis and support needs.
2. New employees are oriented to the College and their workplace by the HR office, immediate supervisors, and through regularly scheduled new hire orientation sessions during Fall and Spring semesters that include lunch and a tour of the campus.
3. Counseling staff maintain licensure through continuing education, which includes topics such as suicide prevention, prevention of domestic and sexual violence, alcohol and other drug abuse

## **6.6 Support and Intervention Services**

1. CSI Counseling Services employs two licensed counselors who are available to students experiencing academic or personal issues. The Counseling Services web pages <http://careers.csi.edu/counselingServices/index.asp> contain information for students, parents and faculty, along with access to the Threat Assessment and Consultation (TACT) Resource Guide for resources available for many student issues. Consultation with counseling staff by faculty is encouraged whenever a student exhibits cause for concern.
2. CSI promotes healthy lifestyles through its Wellness Program <http://wellness.csi.edu/>, which includes distribution of the monthly magazine *Vitality*, wellness-related items in the weekly “e-notes” email to all employees, incentive programs for physical activities and health screening, and an Employee Assistance Program which makes counseling available at no cost to employees.
3. As cited in Section II, Item 2d, CSI launched the Alcohol e-Checkup To Go survey in Fall Semester 2010, an online education and intervention tool designed to provide students with customized confidential information about their own drinking behavior compared with other college students.
4. CSI has established a Threat Assessment and Consultation Team (TACT) to address concerns about issues or particular students who may pose a threat to campus safety. Information about community resources has been collected and provided to faculty in both online and print form to assist them in addressing the wide array of non-academic concerns brought by students to their teachers. The TACT web page and Faculty Resource Guide can be viewed at. <http://www.csi.edu/tact>

## **6.7 Staffing and Resources**

1. Contact information for TACT can be found at <http://www.csi.edu/tact/> . The team has developed a list of resources for students and faculty that can be found at <http://www.csi.edu/tact/QuickReferenceGuide.pdf> and is also available in print form by request from Career and Counseling Services.
2. Student Health medical services are described at <http://www.csi.edu/studenthealth>
3. CSI Counseling Services employs two licensed counselors who are available to students experiencing academic or personal issues. Counseling Services are described in Counseling Services web pages <http://careers.csi.edu/counselingServices/index.asp>

## **6.8 Policies and Implementation**

1. As cited in Section II, item 1a, the Student Code of Conduct, last revised 8/31/2015, is placed on CSI website at <http://www.csi.edu/studentHandbook/>
2. As cited in Section II, Item 1b, the Student Code of Conduct and other policies are referenced in the CSI Catalog, page 24 in the 2016-2017 edition <https://www.csi.edu/catalog/catalog1617.pdf>
3. As cited in Section II, Item 1c, the CSI Employee Policies and Procedures Manual, section 6.04 <http://hr.csi.edu/handbook/tofcmanual.htm> is introduced during new employee orientation, described in further detail under the TRAINING heading in this section.
4. As cited in Section II, Item 1d, Residence Hall Rules & Regulations (Appendix B) include specific prohibitions against the use of alcohol, drugs or tobacco on campus
5. As cited in Section II, Item 4f, the Drug- and Alcohol-Free Campus Policy describes the testing, return to duty and appeals processes.
6. Students who register online for courses through MyCSI are asked to update their information and to certify that they have read and will comply with the College's alcohol-free, drug-free, and smoke-free policies.

## **6.9 Enforcement**

1. Eagle Hall residents who violate the alcohol policy are required to create an alcohol-awareness bulletin board in the Residence Hall; or to write a 3-page, double-spaced paper with at least five credible sources about college students and alcohol use and abuse.
2. Student athletes are required to submit to random drug testing. Disciplinary sanctions are outlined in the Athlete Drug and Alcohol Policy and Athlete Code of Conduct. <http://athletics.csi.edu/custompages/Athletics/athletictraining/forms/Insurance%20Packet%20Forms%202011%20with%20cover%20letter.pdf>
3. As cited in Section II, Item 3a, legal sanctions are described in the Annual Notification document (See Appendix A) in the "Legal Sanctions" section on pages 4-9 of the document.
4. As cited in Section II, Item 4f, the Drug- and Alcohol-Free Campus Policy describes the testing, return to duty and appeals processes.
5. As cited in Section II, Item 5a, the "Disciplinary Sanctions" section of the Notification document (Appendix A) describes disciplinary sanctions that may be imposed on students and employees found to be in violation of the CSI Drug and Alcohol Free Campus policy. Sanctions range from oral admonition to filing of criminal charges.
6. As cited in Section II, Item 5b, the CSI Drug & Alcohol-Free Campus Policy covers disciplinary sanctions in detail in the section entitled "Drug and Alcohol Policy Violation Procedures."
7. The College revised its incident reporting procedures and now notifies the appropriate local authorities concerning alleged violations of College policy related to drugs and alcohol that also constitute a violation of law (e.g. alleged use of illegal drugs, underage possession, etc.).
8. In Fall of 2016, CSI implemented a new reporting structure through an online database system called Maxient. This system will better help the college to track patterns of behavior and store documentation and data in a more secure database.

### **6.10 Assessment and Evaluation**

1. The National College Health Assessment (NCHA) was conducted in October 2010, October 2011 and October 2013 with 2,000 randomly selected students requested to take this confidential survey in order to establish campus norms of risky lifestyle behaviors (tobacco, alcohol, drugs, sexual activity, eating behaviors, etc.). The information is being used to develop programs in response to areas of concern.
2. The new reporting database, Maxient, will allow CSI to track data and better assess if programs and services are having an impact in both the behavioral and conduct areas.

### **Section III – Determining Program Effectiveness**

2. The National College Health Assessment (NCHA) was conducted in October 2010, 2011, 2013, and 2015 with 2,000 randomly selected students requested to take this confidential survey in order to establish campus norms of risky lifestyle behaviors (tobacco, alcohol, drugs, sexual activity, eating behaviors, etc.).

This confidential online survey covers the following topics:

- a. General health of college students
- b. Disease and injury prevention
- c. Academic impacts of risky lifestyle choices
- d. Violence, abusive relationships and personal safety
- e. Alcohol, tobacco and other drug use
- f. Sexual behavior
- g. Nutrition and exercise
- h. Mental health
- i. Sleep

The findings from this assessment are being used to develop programs in response to areas of concern. At CSI the areas of greatest academic impact are anxiety, stress, sleep and work.

### **Section IV – Consistent Enforcement of Sanctions**

1. The College of Southern Idaho has adopted the use of Maxient, a database for tracking student disciplinary trends. This tool allows the collection of incident reports such that patterns of student behavior emerge as information is contributed by faculty and staff throughout the campus. The database is maintained by the office of the Dean of Students, allowing disciplinary follow-up when problem trends appear.
2. The Department of Human Resources oversees all employee disciplinary action as well as supervisory training, ensuring that CSI procedures are consistently followed.

## Institutional Data and Trends

### Drug or Alcohol Violations of law that resulted in arrest (reported by number of incidents)

<b>On-Campus</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>
Drug violations	5	4	2
Liquor law violations	8	9	5
<b>On-Campus Housing</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>
Drug violations	5	4	0
Liquor law violations	8	9	5
<b>Non-Campus</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>
Drug violations	0	0	0
Liquor law violations	0	0	0

### Drug or Alcohol Violations of Institutional Policy that resulted in disciplinary action (reported by number of students)

<b>On-Campus</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>
Drug violations	0	0	0
Alcohol violations	3	5	1
<b>On-Campus Housing</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>
Drug abuse violations	0	0	0
Alcohol violations	3	1	0
<b>Non-Campus</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>
Drug abuse violations	0	0	0
Alcohol violations	0	1	0

## **Section V - Accomplishments and Recommendations**

### **Accomplishments**

1. The College of Southern Idaho is a tobacco- and alcohol-free campus and culture, with “smoke-free campus” signage in all buildings.
2. Ongoing weekly activities provide students with ample opportunities for alcohol-free socializing. (See details in Environmental/Targeted Populations Approach section.)
3. The CSI Career & Counseling department has initiated a pro-social/bystander training program that provides students with the skills and mindset to intervene in potentially troublesome situations.
4. Students from the Human Services program have collaborated with CSI Career & Counseling services to administer the AUDIT, an alcohol screening tool, to CSI students and gave them feedback and resources for problem areas that showed up in the screening.
5. CSI Student Services subscribes to Student Health 101, an online magazine available to all students and staff that actively promotes healthy behaviors from safe drinking practices to nutritious eating.
6. The CSI Threat Assessment and Consultation Team (TACT), consisting of the Dean of Students, CSI’s head of Security, and the CSI counseling staff (2 counselors), meets regularly to discuss issues and students of concern who have been referred to the team by faculty or staff, thus ensuring better communication between departments and coordination of responses across campus.
7. CSI has joined the National College Health Association and has participated in three campus-wide assessments of students’ health behaviors, including drug and alcohol consumption.
8. A strong partnership has been formed between CSI Counseling Services and Eagle Hall, our on-campus dormitory. Several presentations per semester have been delivered to Resident Advisors on topics such as conflict management, bystander intervention and anxiety management.

### **Recommendations**

1. Online referral and reporting to the Threat Assessment and Consultation Team is needed in order for faculty and staff to reach the TACT team with timely and secure information.
2. CSI Student Activities staff and administration should consider implementing a Medical Amnesty policy to encourage students to report risky behavior without fear of sanction.
3. CSI Career & Counseling department should continue to report to the Dean of Students as this is a more effective fit between personnel and functions.
4. Additional counselors need to be hired to meet the backlog of students seeking counseling for issues known to lead to increased drug and alcohol use, such as depression and anxiety.
5. A representative of the College of Southern Idaho should attend the next NASPA conference to learn about the most recent developments in Best Practices for keeping drug and alcohol use among students low.

6. CSI Career & Counseling staff need to attend further training in meeting the needs of students who have served in the military, as their issues frequently involve substance abuse and differ significantly from those faced by non-veteran students.
7. The practice of allowing academic credit for participation in prosocial activities such as bystander intervention training, e-CHUG survey completion, and attendance of presentations aimed at increasing campus safety, should be expanded from Social Science to more classes and programs. Such academic credit can be the incentive for students to access learning beyond the classroom.

## APPENDIX A

### Annual Notification to all Students and Employees

#### Drug-Free Schools and Communities Act (DFSCA) and Drug and



#### Alcohol Abuse Prevention

In accordance with the federal **Drug-Free Schools and Campuses Act (DFSCA)**, the College of Southern Idaho developed a policy that establishes standards of conduct in relation to the unlawful possession, use or distribution of illicit drugs and alcohol. The Board of Trustees of the College of Southern Idaho adopted a [DRUG AND ALCOHOL FREE CAMPUS POLICY](#). CSI also adopted a [SMOKE-FREE CAMPUS POLICY](#). All students and employees must read and abide by these policies.

**It is the policy of the College of Southern Idaho that the unlawful manufacture, distribution, dispensation, possession, use of a controlled substance, or the use of alcohol by students and employees is prohibited in the workplace, on College time, or on College property.**

**Smoking is prohibited on all college properties, including off- campus centers and any properties owned or leased by the College. For the purposes of this policy, smoking is defined as burning any type of tobacco product including, but not limited to, cigarettes, cigars, cigarillos, pipes, and bidis.**

#### Disciplinary Sanctions

Violations of CSI's [DRUG AND ALCOHOL FREE CAMPUS POLICY](#) may result in serious disciplinary sanctions, up to and including termination, suspension or expulsion, and referral for prosecution. Students and employees found in violation of this policy may also be required to satisfactorily participate in a drug or alcohol abuse assistance or rehabilitation program.

Depending on the severity of the infraction, disciplinary sanctions imposed upon students may range from oral admonition, to written warning/reprimand, disciplinary probation, restitution, education program (such as drug or alcohol education or counseling, writing a paper, making a presentation), loss of privileges (such as residence hall

transfer/suspension/expulsion), suspension, expulsion from the College, and referral for prosecution.

Employee sanctions may range from oral and/or written reprimands, to mandatory participation in an Employee Assistance Program, suspension, and termination of employment.

Disciplinary action by the College does not preclude the filing of criminal charges against a student, employee, or guest; nor does the filing of criminal charges prevent the College from taking disciplinary action.

[Procedures/typical responses](#) for [student](#) [DRUG AND ALCOHOL FREE CAMPUS POLICY](#) violations.

### **Health Risks**

There are numerous health risks associated with the use of illicit drugs and the abuse of alcohol, including but not limited to:

- There are many health risks associated with the use of illicit drugs and the abuse of alcohol including impairment of brain activity, digestion, and blood circulation; impairment of physiological processes and mental functioning; and, physical and psychological dependence. Such use during pregnancy may cause miscarriage, various birth defects or fetal alcohol syndrome. Additionally, the illicit use of drugs increases the risk of contracting hepatitis, AIDS and other infections. If used excessively, the use of alcohol or drugs singularly or in certain combinations may cause death.
- Alcohol is a central nervous system depressant that can impair coordination, inhibitions, self-control, memory, judgment, and reflexes. Large quantities may produce staggering, slurred speech, mood changes, unconsciousness and possibly death. Prolonged use can damage many organs of the body including the heart, liver, stomach, and pancreas.
- Marijuana can increase heart rate, interfere with sexual development, may cause a reduction in male fertility and disrupt the female menstrual cycle. It can increase the risk of disease/damage to the body's respiratory system, impair eye-hand coordination and other essential functions needed to operate a motor vehicle safely. It can also impair the body's immune system.
- Cocaine can cause feelings of depression, inability, impatience and pessimism. It can also cause severe weight loss, anxiety, hallucinations, increased heart rate and blood pressure. Cocaine has caused death by convulsion, failure of the respiratory system, and by heart attack.
- Certain over-the-counter and prescription drugs can also cause drug tolerance, dependence, and addiction.
- Interaction between various drugs, legal and illegal, may have serious consequences to the user. Various combinations of drugs may work at cross purposes within the body, and the combined effects of two or more drugs may be more potent than the effect of a single drug.
- Club drugs such as MDMA (Ecstasy), GHB, LSD, Rohypnol, Ketamine and Methamphetamine can cause serious health problems and possibly death. Many of these drugs are tasteless and odorless. The chemicals, drug sources and pharmacological agents used to manufacture these drugs often vary, making it difficult to determine all of the effects, symptoms and health risks associated with club drugs. Confusion, depression, impaired motor function, amnesia, psychotic behavior, cardiac failure and permanent neurological and organ damage are some known effects associated with the use of these drugs.



- Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including spouse and child abuse. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects described.
- Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life-threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and the liver.
- Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents are at greater risk than other youngsters of becoming alcoholics.
- The health risks associated with the inappropriate use of drugs include, but are not limited to, physical and psychological addiction, physical, psychological and spiritual deterioration, disease and death.

**For more information, please visit:**

- [U.S. Department of Health and Human Services and SAMHSA's National Clearinghouse for Alcohol & Drug Information](#)
- [Partnership for a Drug-Free America](#)

**Drug and Alcohol Counseling, Treatment, and Rehabilitation Programs**

The College supports participation in programs for the prevention of the inappropriate use of illicit drugs, controlled substances and tobacco or alcohol abuse. The Counseling Center can provide confidential assistance/referral for students with drug and alcohol abuse problems. Assistance is available in the form of educational training programs, health information, and referral for outside medical assistance. The College also offers student and employee assistance programs. For more information on the **Student Assistance Program (SAP)** please contact the [Counseling Center](#) or the [Student Health Center](#). For more information on the **Employee Assistance Program (EAP)** please contact [Business Psychology Associates](#) 1-877-427-2327.

**Legal Sanctions**

Students or employees who violate the [DRUG AND ALCOHOL FREE CAMPUS POLICY](#) may be subject, in addition to College disciplinary sanctions, to applicable federal, state, or local legal sanctions for the unlawful possession or distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

All students are reminded that conviction under state and federal laws that prohibit alcohol-related and drug-related conduct can result in fines, confiscation of automobiles and other property, and imprisonment. In addition, licenses to practice certain professions may be revoked, and many employment opportunities may be barred.

It is impractical to list all the alcohol and drug-related state and federal crimes and penalties. But all persons should be aware that in Idaho any person under 21 who possesses an alcoholic beverage, and any person who provides alcohol to such person, is at risk of arrest. Any person who is intoxicated in public risks arrest. A person convicted of driving while

intoxicated may be punished by fine, be jailed, and lose his/her license to drive an automobile. Any selling of alcoholic beverages without a license is illegal.

## **Idaho State Law(s) Pertaining to Controlled Substances**

### **I.C. § 37-2732 (a) Manufacture and Distribution**

Except as authorized by this chapter, it is unlawful for any person to manufacture or deliver, or possess with intent to manufacture or deliver, a controlled substance.

Any person who violates this subsection with respect to:

A controlled substance classified in schedule I which is a narcotic drug or a controlled substance classified in schedule II, except as provided for in section 37-2732B(a)(3), [Idaho Code,] is guilty of a felony and upon conviction may be imprisoned for a term of years not to exceed life imprisonment, or fined not more than twenty-five thousand dollars (\$25,000), or both;

Any other controlled substance which is a nonnarcotic drug classified in schedule I, or a controlled substance classified in schedule III, is guilty of a felony and upon conviction may be imprisoned for not more than five (5) years, fined not more than fifteen thousand dollars (\$15,000), or both;

A substance classified in schedule IV, is guilty of a felony and upon conviction may be imprisoned for not more than three (3) years, fined not more than ten thousand dollars (\$10,000), or both;

A substance classified in schedules V and VI, is guilty of a misdemeanor and upon conviction may be imprisoned for not more than one (1) year, fined not more than five thousand dollars (\$5,000), or both.

### **I.C. § 37-2732 (c) Possession**

It is unlawful for any person to possess a controlled substance unless the substance was obtained directly from, or pursuant to, a valid prescription or order of a practitioner while acting in the course of his professional practice, or except as otherwise authorized by this chapter.

Any person who violates this subsection and has in his possession a controlled substance classified in schedule I which is a narcotic drug or a controlled substance classified in schedule II, is guilty of a felony and upon conviction may be imprisoned for not more than seven (7) years, or fined not more than fifteen thousand dollars (\$15,000), or both.

Any person who violates this subsection and has in his possession lysergic acid diethylamide is guilty of a felony and upon conviction may be imprisoned for not more than three (3) years, or fined not more than five thousand dollars (\$5,000) or both.

Any person who violates this subsection and has in his possession a controlled substance which is a nonnarcotic drug classified in schedule I except lysergic acid diethylamide, or a controlled substance classified in schedules III, IV, V and VI is guilty of a misdemeanor and upon conviction thereof may be imprisoned for not more than one (1) year, or fined not more than one thousand dollars (\$1,000), or both.

It shall be unlawful for any person to be present at or on premises of any place where he knows illegal controlled substances are being manufactured or cultivated, or are being held for distribution, transportation, delivery, administration, use, or to be given away. A violation of this section shall deem those persons guilty of a misdemeanor and upon conviction shall be punished by a fine of not more than three hundred dollars (\$300) and not more than ninety (90) days in the county jail, or both.

If any person is found to possess marijuana, which for the purposes of this subsection shall be restricted to all parts of the plants of the genus Cannabis, including the extract or any preparation of cannabis which contains tetrahydrocannabinol, in an amount greater than three (3) ounces net weight, it shall be a felony and upon conviction may be imprisoned for not more than five (5) years, or fined not more than ten thousand dollars (\$10,000), or both.

### **I.C. § 37-2737 Distribution to Minors**

Any person over the age of eighteen (18) who violates the law by delivering a controlled substance to a person under the age of eighteen (18), who is at least three (3) years his junior, may have his/her punishment doubled.

### **Repeat Offenses**

Persons convicted of subsequent controlled substance violations may have their punishments doubled and may face a mandatory minimum penalty. (I.C. §§ 37-2739A, 37-2739B.)

### **Federal Penalties and Sanctions for Illegal Possession of a Controlled Substance**

#### **21 U.S.C. 844(a)**

First conviction: Up to 1 year imprisonment and fined at least \$1,000 but not more than \$100,000, or both.

After 1 prior conviction: At least 15 days in prison, not to exceed 2 years and fined at least \$2,500 but not more than \$250,000 or both.

After 2 or more prior drug convictions: At least 90 days in prison, not to exceed 3 years and fined at least \$5,000 but not more than \$250,000 or both.

Special sentencing provisions for possession of crack cocaine: Mandatory at least 5 years in prison, not to exceed 20 years and fined up to \$250,000 or both, if:

- a. 1st conviction and the amount of crack possessed exceeds 5 grams.
- b. 2nd crack conviction and the amount of crack possessed exceeds 3 grams.
- c. 3rd or subsequent crack conviction and the amount of crack possessed exceeds 1 gram.

#### **21 U.S.C. 853(a)(2) and 881(a)(7)**

Forfeiture of personal and real property used to possess or to facilitate possession of a controlled substance if that offense is punishable by more than 1 year imprisonment. (See special sentencing provisions re: crack.)

#### **21 U.S.C. 881(a)(4)**

Forfeiture of vehicles, boats, aircraft or any other conveyance used to transport or conceal a controlled substance.

#### **21 U.S.C. 844a**

Civil fine of up to \$10,000 (pending adoption of final regulations).

#### **21 U.S.C. 853a**

Denial of Federal benefits, such as student loans, grants, contracts, and professional and commercial licenses, up to 1 year for first offense, up to 5 years for second and subsequent offenses.

#### **18 U.S.C. 922(g)**

Ineligible to receive or purchase a firearm.

### **Federal Financial Aid**

In general, a student who has been convicted of any offense under any federal or state law involving the illegal possession or sale of a controlled substance **will not** be eligible to receive any federal grant, loan, or work assistance under this applicable federal law during the period beginning on the date of such conviction and ending after the interval specified below:

#### **Student Ineligibility for Grants, Loans, or Work Assistance**

o For **possession** of illegal drugs, ineligibility period is

- First offense 1 year from date of conviction
- Second offense 2 years from date of conviction
- Third+ offense Indefinite

o For **sale** of a illegal drugs, ineligibility period is

- First offense 2 years from date of conviction
- Second offense Indefinite
- Third+ offense Indefinite

Convictions only count if they were for an offense that occurred during a period of enrollment for which the student was receiving Federal Student Aid—they do not count if the offense was not during such a period. Also, a conviction that was reversed, set aside, or removed from the student's record does not count, nor does one received when she was a juvenile, unless he/she was tried as an adult.

### **Miscellaneous**

- Revocation of certain Federal licenses and benefits, e.g. pilot license, public housing tenancy, etc., are vested within the authorities of individual Federal agencies.

### **References:**

- [U.S. Department of Health and Human Services and SAMHSA's National Clearinghouse for Alcohol & Drug Information](#)
- [National Institutes of Health \(NIH\) National Institute on Drug Abuse \(NIDA\)](#)
- [Partnership for a Drug-Free America](#)
- [U.S. Department of Drug Enforcement Administration](#)
- [University of West Florida](#)
- [Idaho Code](#)
- Idaho State University
- BYU Idaho

## APPENDIX B



### EAGLE HALL RULES AND REGULATIONS

Occupancy of the residence hall is a privilege extended to the students by the College of Southern Idaho. The continuation of this privilege is dependent upon reasonable and satisfactory personal conduct at the college, in general, and specifically in the residence hall facility. The college expects residents to pursue at least a 12 credit course of study and be making satisfactory progress towards the completion of the credits they are enrolled in while residing in Eagle Hall. In addition, residents who stop attending classes and/or making satisfactory academic progress in their classes may be subject to immediate eviction from Eagle Hall residence hall.

The Residence Hall Housing Application & Contract are binding for the entire semester upon the signing of those agreements.

Residents moving out of the residence hall within the first week of school will be issued a 75% refund of the money paid for housing and a 50% refund within the second week of school of the fall semester. No refund will be issued after the second week and an additional fine will be incurred for cancelling the academic year contract. The residence hall closes the Thursday of finals week at 6PM each semester. Students must make prior arrangements with the Housing Director to extend their stay.

Meal plans are required for students residing in the residence hall. **Changes made to the meal plan may be made only during *the first two weeks of the semester*.** Meals not eaten during a semester do not roll over to the next semester. A refund is not given for meals remaining on the student's account. However, if meals need to be added to the plan towards the end of the semester, the student is allowed to do so. Any declining balance money remaining on the student's account will roll over to the next semester. Please see the Food Service Director with any questions.

**A security deposit of \$100 is required to accompany the application for on-campus housing. This deposit is not a partial payment; it is a damage and cleaning deposit. It is refundable when a student permanently moves out of the residence hall at the end of their last semester, provided there is no loss, damage or cleaning charges directly attributable to the student. The security deposit is forfeited if cancellation of the room assignment is not received prior to July 1<sup>st</sup> for the academic year. If a student moves from the residence hall during the term, money paid for room, board and deposit will be forfeited for that term and an additional fee will be incurred for breaking the yearlong contract.**

The College reserves the right to refuse any application for accommodations in the Residence Hall and will return the deposit with the notice of denial.

Students residing in the residence hall are expected to abide by all state, local, college and residence hall laws, rules and regulations including, but not limited to:

1. **Student Code of Conduct** <https://www.csi.edu/studentHandbook/pdf/StudentCodeOfConduct.pdf>
2. **CSI Student Substance Abuse Policy.** Possession, consumption, or being under the influence of alcohol in the residence hall may result in an incident report that counts as two incident reports and puts students on probation. A second alcohol incident may result in immediate dismissal from the residence hall. Any underage students found with alcohol will have the police called immediately.
3. Possession or use of illegal drugs, synthetic drugs or misuse of prescription drugs in the residence hall may result in immediate dismissal. Drug dogs may be utilized by the local police department throughout each semester in the residence hall.

4. If you have ever been convicted of a **felony offense** in any jurisdiction in the U.S or any other country or territory (the term conviction is interpreted broadly and includes pleas of no contest, deferred adjudications, withheld judgments and similar dispositions), you must notify the Housing Coordinator prior to moving into the residence hall. Permission to live in the residence halls with a felony conviction will be determined on a case-by-case basis by the dean of students, dependent upon the circumstances of the conviction and the severity of the crime committed. CSI reserves the right to deny on-campus housing to an applicant who has been convicted of a felony if it is determined that the applicant would present an unacceptable risk to the residence hall community. If, after submitting your application, you are convicted or found guilty of a felony offense, you are required to notify CSI immediately.
5. Failure to comply with the Housing Director or the Resident Advisors may result in dismissal from the residence hall.
6. Property damages to the fixtures and furniture, beyond normal wear and tear, in the student's room or in Eagle Hall Residence hall during the semester will be charged to the student.
7. Appropriate clothing will be worn in the common areas, lobbies, other halls to cover bras, sports bras, chest, abdominal areas, underwear, etc. Pants will be worn at the waist and not saggy with underwear showing, shirts will be worn that do not show your abdomen or undergarments, shorts will be longer than 2 inches below your derriere.
8. Participation, by exiting the building, in fire alarms is mandatory. A citation and/or fine may be imposed by the local authorities and CSI.
9. Students turning in false alarms, tampering with, covering, damaging or in any way using fire equipment for anything other than its intended use or altering electrical wiring may be subjected to fine by the College and/or civil authorities.
10. Possession of firearms, explosives, air soft guns, paintball guns, slingshots, knives, bb guns, pellet guns, or any other weapon is not permitted in the residence hall or any of the residence hall rooms. Such items must be registered and stored with the chief security officer of the College. Do not bring these items into the residence hall at any time.
11. **Smoking to include e-cigs and vapor cigs, is not permitted on CSI campus or in the residence hall.**
12. Showering/bathing with anyone in the same stall, shower, tub, etc. is not permitted.
13. All doors are locked 24 hours - the main front and back doors can be accessed with the room key. Students need to use the front door and the rear door (activity center) in order to enter the building. The side doors can be exited but not entered. Coming in an exit door, or opening the exit door and allowing someone to enter may incur a fine.
14. Using the windows as an entrance or an exit may result in an incident report and a fine.
15. Quiet hours are from 10:00PM- 9:00a.m. Sunday through Thursday and 11:00PM-9:00AM Friday and Saturday and holidays. Noise levels should not be able to be heard through your door or into the next room during quiet hours. Residents must always be considerate of other residents and keep noise within reason at all hours.
16. Music, TV, noise levels must NEVER be blared loud enough to be heard in another hall, down the stairway, more than 3 doors down, regardless of time of day.
17. Removal of residence hall furniture from dorm rooms or taking furniture from the common areas is prohibited without specific written authorization from the Housing Director.
18. Bed frames are not to be lofted in any way. Use of multiple mattresses or bedding pads is recommended.
19. **All visitors must sign in and out at the front desk. Visitation hours are: Sunday- Thursday 9:00 a.m. to 2:00 a.m. and Friday-Saturday 9:00 a.m. to 3:00 a.m. Non-residents must leave Eagle Hall at the end of visiting hours unless they have an overnight form approved by the Housing Director and the resident's roommate. If a non-resident is in violation of this rule, he/she will be placed on the red-flag list not allowed back in the residence hall until they have met with the Housing Director. Residents who would like to have another resident stay overnight in their room must follow the same overnight form guidelines. Each resident is allowed 10 overnights a semester. No visitor may stay for more than 3 days at a time.**
20. All visitors must be 18 years of age or older and have a valid driver's license or ID with birth date to be in the residence hall unless prior authorization has been given by the Housing Director. Visitors under the age of 18 must have a letter signed by their parents or guardians approving them to be in the residence hall.
21. For safety and security reasons, residents should have their keys at all times. There is a fee for any lost room key or mailbox key. Fees are nonrefundable after replacement key have been made.
22. Each student is allowed two free room and/or front door lockouts before being charged \$5 for each subsequent lockout. Contact an RA or Housing Director.
23. Due to sensitive fire/smoke alarm equipment, burning of incense or candles is not allowed. Devices such as curling irons, hair straighteners, etc are to only be used with proper ventilation (open door or window) in the residence hall rooms or for use in bathrooms. Open flame or exposed element appliances (such as toaster ovens, griddles, George Forman-style grills, toasters, hot plate appliances etc.) are prohibited.
24. Pets are not allowed in the residence hall. Fish tanks under 5 gallons are negotiable. See the Housing Director.
25. Students who reside in the residence hall are responsible for providing insurance against loss/damage to their own personal property. The College does not assume responsibility for or carry insurance against the loss/damage of individually owned property. Students are expected to lock/secure their doors. Review of security tapes is the sole authority of the Residence Hall staff or the Housing Director.

- 26. Riding any device with wheels, except when medically necessary, inside is not allowed in Eagle Hall including but not limited to bicycles, skateboards, roller skates, scooters, etc.
- 27. For emergency situations, residents must turn in the Medical Information and Missing Persons forms and notify the Housing Director of any changes. The Missing Persons form will be kept on file with the Housing Director.
- 28. Use of inappropriate or offensive language and obscene comments will not be tolerated in public areas of the residence hall. Respectful behavior towards all residents, guests, and CSI staff is expected. Actions which disrupt the community and otherwise make the atmosphere unwelcoming to individuals are prohibited. Disrespect of housing staff will not be tolerated.
- 29. Balls, other than soft, foam, hacky-sack or Nerf type balls are not allowed to be bounced, thrown or used in the residence hall.
- 30. Selling door to door in the residence hall is not permitted.

**When a resident receives an incident report, a meeting with Housing Coordinator and other appropriate staff may follow and punitive action may be taken, as deemed necessary. Receiving three (3) incident reports may result in dismissal from the residence hall.**

**The residence hall closes to all residents during the Christmas vacation, unless prior arrangements have been made. There will be a fee incurred for staying over Christmas vacation.**

### Nondiscrimination Statement

It is the policy of the College of Southern Idaho to comply with all federal, state and local authorities requiring nondiscrimination, including but not limited to Title VI of the Civil Rights Act of 1964, the Civil Rights Restoration Act of 1987, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990 (ADA), the Age Discrimination Act of 1975, and Executive Orders 12898 (Environmental Justice) and 13166 (Limited English Proficiency). College of Southern Idaho is an equal opportunity employer.

The college does not exclude from participation in, deny the benefits of, or subject any individual to discrimination on the basis of race, color, national origin, sex, sexual orientation, gender identity, disability, income, protected veteran status, limited English proficiency, or any other status protected under applicable federal, state or local law.

For more information or if you believe you have been subject to discrimination on the basis of sex, sexual orientation, gender identity, or disability, or if you believe you have been subject to discrimination on any other basis, please contact the College of Southern Idaho's Title IX, ADA, and 504 Coordinator:

Jason Ostrowski  
 Title IX Coordinator  
 Dean of Students  
 Office (208) 732-6225  
 Taylor Building 238  
 jostrowski@csi.edu

Eric Nielson  
 Title IX Coordinator  
 Director of Human Resources  
 Office: (208) 732-6267  
 Taylor Building 123A  
 enielson@csi.edu

I have read and understand the Eagle Hall Residence hall rules and regulations and agree to abide by them.

\_\_\_\_\_  
 Signature

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Print Name