The student nurse performs a variety of skills and activities that utilize both mental and physical health. The student nurse must have the ability to perform activities requiring accurate and efficient interpretation and communication of written and verbal information in English; direct assistive personnel, read and record information, and respond to a health care provider order. The student nurse must demonstrate the ability to analyze, calculate, and measure data. The student nurse must effectively perform under stress as evidenced by maintaining safe practice and sound clinical judgment. Other needed skills and activities include the ability to safely lift, position, and transport patients, perform life saving measures, and move efficiently to meet the needs of patients in a timely fashion. In addition, the student nurse must effectively demonstrate activities requiring manual dexterity to include but not limited to performing injections, efficiently operate equipment, and inserting and maintaining catheters.