**WEARING YOUR MASK**

- Sanitize/wash your hands before putting on your mask.
- Put the mask over your nose and mouth and secure it under your chin.
- Place the ear loops over and under the ears.
- Avoid touching your face after securing the mask on your face.

**CLEANING THE MASK**

- Mask should be either hand washed or machine washed and dried regularly.
- You can air dry your mask in direct sunlight, or dry it in a dryer. Please note that some cloth masks may shrink in the dryer.
- The CDC recommends changing to a new mask immediately, if a mask becomes wet or soiled.

**REMOVING THE MASK**

- Using the ear loop straps, remove the mask from your face.
- Avoid touching your eyes, nose, and mouth.
- Wash/sanitize your hands immediately after removing your mask.

**Scan for more helpful mask tips:**