

EAGLE INFORMS

NEWS AND UPDATES

Student Events & Activities Newsletter

September 3, 2024 | Volume 4: Issue 1

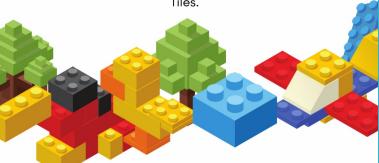
EVENTS

Student ID with FALL 2024 sticker is required to attend events. Don't have the sticker, please stop by Enrollment Services in the Taylor Building.

EAGLE HOUR

STUDENT ACCESSIBILITY SERVICES

Come for a Q&A with the Student Accessibility Services Department, information about Eagles Empower Student Support Group and enjoy some hands-on activities like puzzles, Legos, and Magna Tiles.



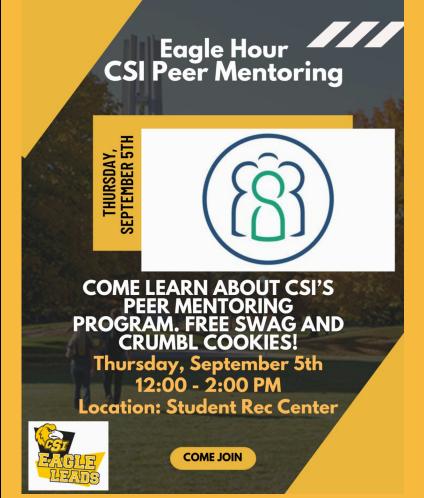
THURSDAY, SEPTEMBER 3RD TIME: 12:00 - 2:00 PM LOCATION: UPPER SUB

Student Accessibility Services Eagle Hour

Tuesday, September 3rd 12:00 - 2:00 PM

Location: Upper SUB
Join us for a Q&A with
the Student
Accessibility Services
Department,
information about Eagle
Empower Student
Support Group and
enjoy hands-on
activities like puzzles,
Legos and Magna Tiles!

Peer



Mentoring Eagle Hour

Thursday, September 5th 12:00-2:00 PM

Location: Upper SUB

Come learn about CSI's Peer Mentoring Program.

Free Swag and Crumbl Cookies!



Today, we remind ourselves to look out for one another.





World Suicide Prevention Day Event

Friday, September 6th 10:00AM-2:00 PM Taylor North Side Lawn

Come and support our World Suicide Prevention Day Event.

FREE Mental Health Summit With Insights From the **Blue Zones**

The Harmony in Blue summit invites participants to engage in a transformative exploration of mental health through fostering a deeper understanding of how lifestyle choices can promote harmony and well-being. This one-day conference brings together experts and thought leaders to explore the intersection of mental health and the lifestyle practices found in the world's longevity hotspots.

September 6, 2024 ♦ 8 a.m. to 4 p.m. ♦ College of Southern Idaho



Success Is Not a Destination, It's a Mindset

Marcus Smith II, Keynote Speaker

This keynote challenges the conventional notion of success. It explores the idea that success is not defined by external achievements, but rather by one's mindset, attitude and approach toward life and challenges.

Marcus Smith II is from Columbus, GA. He has a unique background as a former NFL athlete, television correspondent, life coach, mental health advocate, husband, tather and author. His battle with anxiety and depression led to his purpose of mental health advocacy, especially in the sports arena.

Breakout Sessions To Choose From:

- Yoga With Purpose
- Colliding Cultures: Barriers to Mental Health and Wellness in Hispanic Communities
- Improving Brain Health Through Nutrition
- Breathwork and Mindfulness
- Ikigai: Living & Working with a Sense of Purpose
- Deadlifts Over Depression
- Wellness and Creative Expression Through Nature
- The Lonely City: How Our Built Environment Isolates Us and What
 To Do About It.
- Mediterranean Mealtime
- Make & Take Whole Foods Meal Prep







REGISTRATION REQUIRED: Please use the QR Code to register for this FREE summit.

Mental Health Summit

September 6, 2024 8:00 AM - 4:00 PM

Free Mental Health Summit with insights from the Blue Zones.

"Success is Not a Destination, It's a Mindset"

Registration is required at stlukesonline.org.



InterVarsity Hike

Saturday, September 7th 10:00 AM Meet at the CSI Sign to carpool.

Join us to hike
Mogensen Trail and get
a great view of the
Snake River, Perrine
Bridge and the canyon.
We'll get lunch
afterwards.



WEDNESDAY ◆ SEPTEMBER 11, 2024

NORTHSIDE LAWN • TAYLOR BLDG

8:30 AM - 9:30 AM

8:25 AM: BAGPIPES - JEFFREY COOPER
8:30 AM: NATIONAL ANTHEM - CSI CHOIR
8:32 AM: SPEECH - CALVIN ARMSTEAD
8:35 AM: SPEECH - PRESIDENT DEAN FISHER

8:46 AM: MOMENT OF SILENCE

8:47: AM: TAPS **8:49 AM:** CSI CHOIR

8:58 AM: BAGPIPES - JEFFREY COOPER 9:00 AM: END OF COMMEMORATION

9/11 Remembrance Ceremony

September 11, 2024 8:30 AM - 9:30 AM Taylor North Side Lawn

8:25 AM Bagpipes8:30 AM
National Anthem
8:32 AM Speech by Calvin
Armstead
8:35 Speech by Pres. Fisher

8:46 Moment of Silence 8:47 Taps8:49 CSI Choir 8:58 Bagpipes

9:00 End of Commemoration



Show Your Art

Do you want to see your art on the CSI Library's 4th Wall Gallery?

If so, email image submissions to rsempek@csi.edu.

CSI Sunspot Gallery presents works from Ben Lustig's Landscape Photo Workshop class Summer 2024.

CST Sunspot Gallery – $2^{\rm nd}$ floor of the Taylor Bldg. Currently on View: Works from Ben Lustig's "Landscape Photo Workshop" class Summer 20



2nd floor of the Taylor Bldg.

The American Letter by Burcu Seyben Directed by Shane Brown October 2-5, 2024 I CSI Fine Arts Theater
Machinal by Sophie Treadwell Directed by Burcu Seyben December 4-7, 2024 I CSI Fine Arts Theater
Our Town by Thornton Wilder Directed by Shane Brown March 5-7, 2025 I CSI Fine Arts Theater
American Hero by Bess Wohl Directed by Burcu Seyben April 30- May 3, 2025 I CSI Fine Arts Theater

2024-2025 Plays

The CSI Arts and Humanities Department cordially invites you to see our plays in the 2024-2025 season.

They are free for all CSI students, faculty, and staff and can be picked up at the box office with your current CSI ID. Below is a list of all our plays. We are excited to see you in our productions.

We want to express our thanks to our Visual Arts Professor Angela Batchelor for designing the beautiful prints for all of our plays this year.

Work Study

Want to be a work study? Are you passionate about making a difference in the lives of young children?
We're looking for caring and enthusiastic individuals to join our team as
Work-Study Assistants!

If interested contact:

Melissa Shabi



(208)732-6645, mshabi@csi.edu Clara Centeno (208)732-6647,ccenteno@csi.edu

Are you passionate about making a difference in the lives of young children? We're looking for caring and enthusiastic individuals to join our team as Work-Study Assistants!

If you have a kind heart, love working with kids aged 1-5, and are excited about contributing to their early development, this is the perfect opportunity for you! Your daily tasks will include interacting with children, helping them learn and grow through play, and ensuring their toys and play areas are clean and sanitized.

Why You'll Love This Role:

- · Make a Difference: Be a part of a child's early learning journey and contribute to their growth.
- **Daily Joy:** Experience the unique joy of working with young children and seeing the world through their eyes.
- Build Skills: Develop valuable skills in childcare, teamwork, and responsibility.
- Supportive Environment: Join a team that values kindness, compassion, and teamwork.

If you're ready to bring your positive energy and dedication to our team, we'd love to hear from you!

Melissa Shabi (208)732-6645 or mshabi@csi.edu Clara Centeno (208)732-6647 or ccenteno@csi.edu







DO YOU NEED CHILD CARE ASSISTANCE?

- Do you have children under the age of 5?
- Are you a current student at CSI?
- Do you have a GPA of at least 2.0?

If so, you may be eligible for a CCAMPIS Child Care Scholarship. Awards are made on a first come first serve basis with committee approval.



TO APPLY:

Visit www.csi.edu/financial-aid/scholarships/csi-scholarships.aspx and click on CCAMPIS Child Care Scholarship

QUESTIONS? Contact:

Jayde Wilson • jwilson7@csi.edu | Clara Centeno • ccenteno@csi.edu or talk to the Financial Aid Office

Do you need child care assistance? Do you have children under the age of 5? Are you a current student at CSI? Do you have a GPA of at least 2.0? If so, you may be eligible for a CCAMPIS Child Care Scholarship. To apply visit www.csi.edu/financial-aid/scholarships/csi-scholarships.aspx.

Community Events

SERVICES FOR STUDENTS



CSI Library Fall Semester Hours

August 19- December 12

Monday-Thursday 7:30am-9:00pm

Friday 7:30am-4:00pm

Saturday 12:00pm-4:00pm

Closed Sundays

Ride TFT Twin Falls Transit

Ride TFT hours: Mon-Fri: 6 AM - 9 PM Sat: 7 AM - 9 PM

\$3 Standard fare

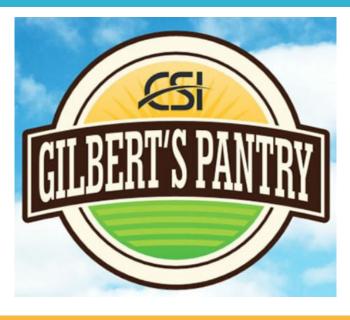
Call 208.974.7433 to schedule a ride.



Looking for Resources?

Check out the Student Support Services. Click on the MYCSI Tab at the top of the CSI homepage and then select Student Services or follow the link

Student Support Services



If you are a current student who could use food assistance please know that your request will be handled privately and confidentially. You are eligible for a food box twice a month. Click on the link below to access the form.

Gilbert's Pantry Form

Gilbert's Pantry is located in the Student Affairs Office on the 2nd Floor of the Taylor Bldg.

We listen. We care. We help you learn skills for dealing with life.

Student Mental Health Services Phone: (208) 732-6260



Located on the 2nd floor of the Taylor Building in the Center for Student Support and Connection.



Follow us on snapchat:

csieagles

To be in the know of the student events and to ask us any questions you have!

Check out the links below to get more information on services available for you.

Food and Dining

Herrett Museum & Planetarium

Library

Student Housing

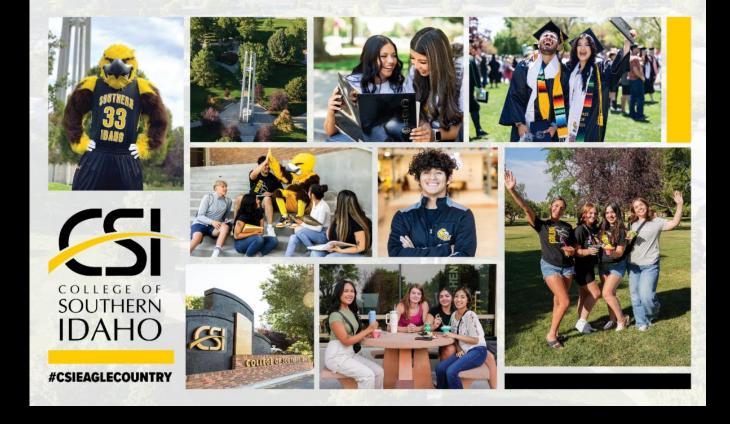
Outdoor Recreation & Challenge Course

Student Accessibility Services

Recreation Center

Visit the CSI Event Calendar!

Student Activities



College of Southern Idaho | www.csi.edu











College of Southern Idaho | 315 Falls Ave. | Twin Falls, ID 83301 US

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