



COLLEGE OF SOUTHERN IDAHO

Veteran Student Newsletter

Important!

- Welcome Back!
- Veterans Recognition
- Remember to complete certification form each semester
- Be sure to check in with your School Certifying Official when adding and dropping classes
- Join the CSI Veterans Organization
- End of Registration is January 20th!
- Last day to pay is January 20th

CSI Recognizes Veterans

Veterans Recognition Luncheon

On September 27th CSI held its first ever Veterans Recognition Luncheon. About 75 people attended the event. Graydon Stanley was the master of ceremonies. Don Hall, Twin Falls Mayor and CSI Law Enforcement Instructor gave the keynote address. He talked about the importance of getting an education and finding ones true calling in life. Dr. Jeff Fox, CSI Executive Vice President and Chief Academic Officer, thanked all of the veterans and current service members on behalf of the CSI Administration. The event was sponsored by the CSI Foundation and the student Diversity Council.



CSI Veterans Ceremony

On November 9th CSI held a ceremony to honor veterans and active service members. Over one hundred people attended the event. Chris Bragg was the master of ceremonies. The CSI Chamber Choir performed the National Anthem. CSI President Dr. Jerry Beck thanked current and past service members for their service and talked about what CSI is doing to help veterans on campus. ASCSI Student Body Secretary, Megan Choate thanked veterans for their service on behalf of the CSI student body. First Lieutenant Martinez from the Idaho National Guard thanked CSI for its continuing support for veterans and asked attendees to remember all of the veterans who have served this country since its inception. The ceremony closed with CSI Music professor Dr. George Halsell performing "Taps" followed by a moment of



Is there something you want to see in the next newsletter?
Contact Us:
tunnelley@csi.edu

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Veterans' Scholarship is due
August 1st, 2012

CSI Veterans' Scholarship

The CSI Foundation is sponsoring the CSI Veterans' Scholarship for the fourth year in a row. Two \$1,000 scholarships will be awarded for the 2012-2013 school year. Applicants must meet the following eligibility requirements:

- ◆ Must have served in a branch of the United States armed services or the Idaho National Guard and have been honorably discharged on or after January 1, 2007.
- ◆ Must have a minimum cumulative high school grade point average (GPA) of a 3.0; or have completed at least 12 college credits with a minimum cumulative college GPA of 3.0; or a composite COMPASS score of 195 (reading/writing/algebra) if GED/HSE graduate.
- ◆ Must be a full-time student (12 or more credits).

The application (<http://www.csi.edu/veteransServices/CSIVeteransScholarshipApplication.pdf>) is available at the CSI Veterans Services webpage (<http://www.csi.edu/veteransServices>). The application is due by August 1st, 2012. If you have any questions about the Veterans' Scholarship, please contact Scott Lindquist (732-6252 slindquist@csi.edu).



Campus Spotlight

PEER TUTORING AT CSI – The Learning Assistance Center

WHAT IS PEER TUTORING?

The intent of peer tutoring is to help students help themselves, or to assist or guide them to the point at which they become independent learners, and thus no longer need a tutor. Its primary goal is to assist with troublesome content areas and identify skills necessary to complete complex assignments.

Tutors are available free to current CSI students on a drop-in basis. Just bring your student ID to check in. Tutors are available after January 30th and students are encouraged to utilize this assistance early on. Primary content areas for tutoring include Math, Writing, Computer Literacy Assistance, and Sciences.

LOCATION:

Peer Tutoring is located in the Learning Assistance Center, which is on the second floor of The Gerald Meyerhoeffer (Library) Building. Once you arrive on the second floor, go through the set of double doors, past the reception area, and through the second set of double doors. Within the Learning Assistance Center are tutors, study tables, computers and instructional videos and DVDs for various classes.

ADDITIONAL RESOURCES:

Many factors can contribute to the success of a student such as:

- Understanding learning styles
- Managing time
- Test preparation
- Reducing test anxiety

Find these and other resources at <http://www.csi.edu/ip/adc/lap>

Hours for the LAC

Fall/Spring Hours:

Mon-Wed	8am-6:30pm
Thursday	8am-9pm
Friday	8am- 5pm
Saturday	12pm-5pm

Summer hours

Monday - Friday 9am-4pm

**Tutors may not be available in all subject areas during all of these hours. Schedules can be found at:*

<http://www.csi.edu/ip/adc/lap>

Located within Academic Development Center

Phone: (208)732-6685
Location: Meyerhoeffer Bldg.
2nd Floor

Kat Powell
Learning Center Coordinator

CSI Veterans Organization

We Are Not Retreating-We Are Advancing in Another Direction

- General Douglas MacArthur

According to the VA, there are approximately 22.7 million veterans alive today. Only 4% of those are using educational benefits. From 2000 to 2009, the number of veterans and military members that are pursuing an undergraduate degree has dropped from 90,000 to 60,000. Veteran dropout rates are as high as 69% for those who are pursuing two and four-year degrees. A major contribution to this decline is difficulty transitioning. Transitioning to civilian life from a martial life is very difficult. Rank doesn't matter anymore, you have to make new relationships, and you have to learn to self-regulate. People that do not understand the military life style, think that this transition is easy. What they don't realize is you're drilled with paranoia, authority, camaraderie, and combat skills from day one when getting off that bus for boot camp. Well, how do we make this transition easier? Some of you were exposed to transitioning assistants programs before being discharged from your branch of service. Some were adequate and successful classes and some perhaps were an absolute waste of time. But no class would have prepared you for the difficulties socially, psychologically, and academically veterans have to face. The Veterans Club is working to make this transition easier. We are here to connect the bridge between faculty, support services, and veteran students, provide peer support and help with employment opportunities. Key things to succeeding in college that I found successful are:

- **Organize your time.** Get a calendar and write down when all your exams, quizzes, projects are due. Write when to begin studying for exams that are coming up. This is a great and simple tool to manage your time and get ahead of your school work.
- **Attend club meetings, join other clubs or sports.** The more you are exposed to the college environment and become proactive, the easier it will be for you socially.
- **Don't rush anything.** The pace of adjustment should be at your comfort level. Everyone is different. There are some that adapt to civilian life quite well, others may need more time.
- **Be upfront.** The RAND study has shown that young students fresh out of high school may ask inappropriate questions regarding your service or war in general. Many of these students just don't understand where you are coming from. So EDUCATE them by talking about your experiences if you are comfortable. Also be upfront with your teacher. I have had many veteran students who gave me a heads up on psychological issues such as PTSD or depression that may hinder their progress in class. If you let your instructor know, they will work with you! It is nothing to be ashamed of because what you tell that instructor will not negatively impact how they view you and it will be confidential. It will only help.
- **Be a leader.** Take leadership roles in class projects and organizations on campus. You have skills that many civilians cannot acquire. USE THEM!
- **Don't isolate yourself.** Let your family know what's going on, especially if you are feeling stress with school or just life. Come talk to me in my office if you need someone to talk to. Make use of CSI's counseling services and support groups that the VA and Twin Falls can provide you. You are not alone, and that is a huge thing you need to understand. The Veterans Club and CSI are here to help you succeed.
- **Control your response to change.** Anxiety and depression are very common during transition phases between military and civilian life. The fact is, you can't control the future or what is coming. You can prepare yourself and work on controlling how you respond to barriers you will face.
- **Stress sucks.** College is stressful. I didn't have anxiety until I went to college. Exercise, yoga, sleep, eating right will help reduce stress. Your health is very important, so make sure you take care of yourself.
- **Motivation.** Motivation declines as the semester goes on. This is totally normal. However, keep your mind on the goal (getting a degree and a career)!

All in all, you can do this! The Veterans Club will continue meetings in January. We have many awesome things planned and have done a great job so far for being a new club. I want to thank you for your service and am proud of each and every one of you! Don't change anything you have learned in the military, always cherish and utilize it.

Brittney Gray
Veterans Club Advisor

Important Dates:

- January 1st—March 1st—Complete FAFSA for 2012-2013
- January 20th—Last day of registration. Add/Drop/Audit
- January 20th—Last day for 100% refund
- March 15th—Deadline to apply for Spring graduation
- April 2nd—Fall/Summer registration begins



Questions about the CSI Veterans club? Contact them: csiveteransclub@gmail.com



CSI Student Veterans Club:
"Like" us on Facebook





College of Southern Idaho Veteran Services Contacts

Carol Carlile—School Certifying Official
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Tara Nunnelley— Student Services Specialist
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Scott Lindquist— Student Advisor
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Visit us Online: <http://www.csi.edu/veteransServices/>

A Letter from your School Certifying Official

Happy 2012!!!

Welcome to the new year! Remember, 2012 Spring semester begins on Tuesday, January 17. The last day to register, add/drop and change to/from an audit grade is Friday, January 20. Tuition is also due on Friday, January 20. If you are not able to pay your tuition and fees in full by that date, you can complete a Tuition Loan Agreement (TLA), this can be done in the Admissions and Records office. You must pay \$50 to process the paperwork and ¼ of the full balance at the time of signing the TLA.

At this time, there are two VA School Certifying Officials located in the Taylor Building, Matrix office: Tara and I.

When you register for classes, please complete and turn in the VA Certification form found at: www.csi.edu/forms/VeteranCertificationForm1.pdf. This will help both Tara and I complete the certification of your classes for the Spring semester. Remember, if you add or drop a class(es), you must let us know that you have made a change to your schedule so we can notify the VA, since this change may cause an overpayment with VA. Registration for the Summer and Fall semesters begin April 2nd.

Best Wishes for a happy and healthy 2012!.

Carol Carlile
College of Southern Idaho
School Certifying Official

Newsletter

Contributors:

- Tara Nunnelley
- Scott Lindquist
- Brittney Gray
- Carol Carlile
- Kat Powell



Suicide Prevention Hotline
1-800-273-8255

The College of Southern Idaho Signs DoD's MOU

The Department of Defense has required all regionally and nationally accredited higher education institutions who participate in the military Tuition Assistance (TA) programs to sign a Memorandum of Understanding (MOU). The College of Sothern Idaho is committed to the success of active duty service members and has signed the MOU so you can continue using TA benefits with us. View all participating institutions and details of the MOU online at: <http://www.dodmou.com/>.